## Dolgeville Central School November 2018 Lunch Menu

(WG) WHOLE GRAIN (G) GRAIN		(MMA) MEAT (X) EXTRA CALORIES ONLY		(F) FRUIT (L) LEGUME		(DGV) DARK GREEN VEG (OV) OTHER VEG		(SV) STARCHY VEGETABLE (ROV) RED ORANGE VEG	
						Thursday 1	comp	Friday 2	comp
		E sal		221		BBQ Pork on a Bun or Hot Dogs on a Bun	MMA MMA WG	Chicken Wing Pizza or Pizza Variety	MMA WG
~ ~						Condiments	Х	Condiments	Х
	A Carlor	A Contractor	en l			Sweet Potato Fries	ROV	Pasta with Sauce	WG
		States and a		and		Coleslaw	OV	Broccoli	DGV
	7	Cappy Thanks	saiv	ina		Key Largo Blend	OV	Mediterranean	
<u>n sa sa san sa s</u> a	/	appy intended	9			Applesauce	F	Chilled Fruit Cups	F
	54					Fresh Fruit	F	Fresh Fruit	F
		The second	- and	Parter					
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Monday 5	comp	Tuesday 6	comp	Wednesday 7	comp	Thursday 8	comp	Friday 9	comp
Monday 5 Spaghetti with Meat Sauce or Marinara Sauce	Comp MMA WG ROV WG	Tuesday 6 Nachos or Soft Tacos with Meat & Cheese	Comp WG MMA WG MMA	Wednesday 7 Spicy Chicken Wrap or Popcorn Chicken	Comp MMA WG MMA	Thursday 8 Thanksgiving Dinner-Turkey Turkey Gravy	comp MMA X	Friday 9 Meat Lover Pizza or Pizza Variety	comp MMA WG
Spaghetti with Meat Sauce or Marinara	MMA WG ROV	Nachos or Soft Tacos with Meat &	WG MMA WG	Spicy Chicken Wrap	MMA WG	Thanksgiving Dinner-Turkey	MMA	Meat Lover Pizza or	MMA
Spaghetti with Meat Sauce or Marinara Sauce	MMA WG ROV WG	Nachos or Soft Tacos with Meat & Cheese	WG MMA WG MMA	Spicy Chicken Wrap or Popcorn Chicken	MMA WG MMA	Thanksgiving Dinner-Turkey Turkey Gravy	MMA X	Meat Lover Pizza or Pizza Variety	MMA WG
Spaghetti with Meat Sauce or Marinara Sauce Parmesan Cheese	MMA WG ROV WG	Nachos or Soft Tacos with Meat & Cheese Condiments	WG MMA WG MMA X	Spicy Chicken Wrap or Popcorn Chicken Condiments	MMA WG MMA X	Thanksgiving Dinner-Turkey Turkey Gravy Mashed Potatoes	MMA X SV	Meat Lover Pizza or Pizza Variety Condiments	MMA WG X
Spaghetti with Meat Sauce or Marinara Sauce Parmesan Cheese Bread & Butter	MMA WG ROV WG X	Nachos or Soft Tacos with Meat & Cheese Condiments Spanish Rice	WG MMA WG MMA X	Spicy Chicken Wrap or Popcorn Chicken Condiments Sweet Potato Tots	MMA WG MMA X ROV	Thanksgiving Dinner-Turkey Turkey Gravy Mashed Potatoes Stuffing	MMA X SV G	Meat Lover Pizza or Pizza Variety Condiments Pasta with Sauce	MMA WG X GROV
Spaghetti with Meat Sauce or Marinara Sauce Parmesan Cheese Bread & Butter Seasoned Tomatoes	MMA WG ROV WG X ROV	Nachos or Soft Tacos with Meat & Cheese Condiments Spanish Rice Refried Beans	WG MMA WG MMA X WG L	Spicy Chicken Wrap or Popcorn Chicken Condiments Sweet Potato Tots Celery Sticks with Dip	MMA WG MMA X ROV OV	ThanksgivingDinner-TurkeyTurkey GravyMashed PotatoesStuffingGlazed Carrots	MMA X SV G ROV	Meat Lover Pizza or Pizza Variety Condiments Pasta with Sauce Spicy Greens	MMA WG X GROV DGV
Spaghetti with Meat Sauce or Marinara Sauce Parmesan Cheese Bread & Butter Seasoned Tomatoes Winter blend	MMA WG ROV WG X ROV OV	Nachos or Soft Tacos with Meat & Cheese Condiments Spanish Rice Refried Beans Chuckwagon Corn	WG MMA WG MMA X WG L SV	Spicy Chicken Wrap or Popcorn Chicken Condiments Sweet Potato Tots Celery Sticks with Dip Jello	MMA WG MMA X ROV OV X	Thanksgiving   Dinner-Turkey   Turkey Gravy   Mashed Potatoes   Stuffing   Glazed Carrots   Creamy Green Beans	MMA X SV G ROV OV	Meat Lover Pizza or Pizza Variety Condiments Pasta with Sauce Spicy Greens Broccoli	MMA WG X GROV DGV DGV
Spaghetti with Meat Sauce or Marinara Sauce Parmesan Cheese Bread & Butter Seasoned Tomatoes Winter blend Mixed Fruit	MMA WG ROV WG X ROV OV F	Nachos or Soft Tacos with Meat & Cheese Condiments Spanish Rice Refried Beans Chuckwagon Corn Mandarin Oranges	WG MMA WG MMA X WG L SV F	Spicy Chicken Wrap or Popcorn Chicken Condiments Sweet Potato Tots Celery Sticks with Dip Jello Fruit Cup	MMA WG MMA X ROV OV X F	Thanksgiving Dinner-Turkey Turkey GravyMashed PotatoesStuffing Glazed Carrots Creamy Green Beans Ice Cream Cup	MMA X G ROV OV X	Meat Lover Pizza or Pizza Variety Condiments Pasta with Sauce Spicy Greens Broccoli Chilled Fruit Cup	MMA WG X GROV DGV DGV F
Spaghetti with Meat Sauce or Marinara Sauce Parmesan Cheese Bread & Butter Seasoned Tomatoes Winter blend Mixed Fruit Fresh Fruit	MMA WG ROV WG X ROV F F F	Nachos or Soft Tacos with Meat & Cheese Condiments Spanish Rice Refried Beans Chuckwagon Corn Mandarin Oranges Fresh Fruit	WG MMA WG WG L SV F F	Spicy Chicken Wrap or Popcorn Chicken Condiments Sweet Potato Tots Celery Sticks with Dip Jello Fruit Cup Fresh Fruit	MMA WG MMA X ROV OV X F F	Thanksgiving Dinner-Turkey Turkey GravyMashed PotatoesStuffingGlazed CarrotsCreamy Green BeansIce Cream CupFresh Fruit	MMA X G ROV OV X F	Meat Lover Pizza or Pizza Variety Condiments Pasta with Sauce Spicy Greens Broccoli Chilled Fruit Cup Fresh Fruit	MMA WG X GROV DGV F F

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Monday 12		Tuesday 13		Wednesday 1	4		Thursday 1	5	Friday 16	
		Nachos or Soft Tacos with Meat & Cheese	WG MMA	Chicken Nuggets or Kickin' Nuggets		MMA WG				
Veterans' Day		Condiments	Х	Condiments		Х				
No School Today		Rice Pilaf	WG	Baked Beans		L	No Lunch Today		No School Today	
		Black Beans	L	Celery Sticks		OV				
		Applesauce	F	Mandarin Oranges		Х				
		Fresh Fruit	F	Fresh Fruit		F				
		Fruit Juice	F	Fruit Juice		F				
Monday 19	comp	Tuesday 2	) comp	Wednesday 2	21	comp	Thursday 22	com	P Friday 23	comp
Pasta or Cheese Sticks with Marinara	GMMA MMA ROV	Nachos or Soft Taco with Meat & Cheese	WG MMA							
sauce		Refried Beans	L							
Condiments	Х	Rice Pilaf	WG							
Winter blend Veggies	OV	Cowboy Corn	SV	No School Today			Нарру		No School Today	
Applesauce	F	Pear Slices	F				Thanksgiving			
Fresh Fruit	F	Fresh Fruit	F							
Monday 26		Tuesday 27		Wednesday	28		Thursday 29	)	Friday 30	
Chicken Nuggets or Kickin' Nuggets	MMA WG MMG WG	Nachos or Soft Tacos with Meat & Cheese	WG WG MMA	Spicy Chicken Wrap or Popcorn Chicken		MMA WG MMA	Meatloaf with Brow Gravy	n MM. X	A Chicken Wing Pizza or Pizza Variety	MMA WG
Condiments	Х	Condiments	Х	Condiments		х	Mashed Potaoes	SV	Condiments	Х
Tomatoes	ROV	Rice Pilaf	WG	Pasta Salad		G	Corn	SV	Pasta With Sauce	WG
Cauliflower	OV	Refried Beans	L	Carrot & Tomato Cup	s	ROV	Broccoli	DG\	/ Spinach	DGV
Tropical Fruit Salad	F	Peach Cup	F	Applesauce		F	Strawberry Cup	F	Chilled Fruit Cup	F
Fresh Fruit	F	Fresh Fruit	F	Fresh Fruit		F	Fresh Fruit	F	Fresh Fruit	F
Fruit Juice	F	Fruit Juice	F	Fruit Juice		F	Fruit Juice	F	Fruit Juice	F

MENUS MAY BE CHANGED WITHOUT NOTICE.

## Dolgeville Central School November 2018 Lunch Menu

Chicken Riggies or Lasagna	WG	
	MMA WG	
Parmesan Cheese	WG	
Cherry Tomatoes	ROV	
Broccoli	DGV	
Diced Pears	F	
Fresh Fruit	F	
Fruit Juice	F	